

# The Pioneer Woman Magazine



Coconut cake?  
Yes, please!

A fun twist on  
**Sunday  
Brunch**

See page 79

**31** New  
Recipes

I hope you love 'em!

# Hello, Spring!

Time for a  
**Girls' Weekend**

- \* DIY Face Masks
- \* Tea Sandwiches
- \* Strawberry Margaritas



## GREATEST TOMATOES FROM EUROPE. THE ART OF PERFECTION, PRESERVED FOR YOUR TABLE.

### Welcome Spring!

After so many cold weeks and months, here we are: the days are getting longer, brighter, warmer. Layers of clothing are coming off, day by day: the mittens, the hat, the overcoat... Now is the time to revive the shine to our hair, the glow to our skin, and feel the happy promise of Spring.

What comes hot on its heels? Summer! Also known as swimsuit season. We need to get ready, move from heavy and dark, to light in all possible ways, both inside and out. Salads appear instead, light vegetable soups rather than heavy casseroles. But slimming down our menus and recipes, we need lots of nutrition, yes, but we still need flavor and deliciousness.

### Here's a Secret Beauty Tip!

Eat our beautiful canned tomatoes: they serve you the delicious taste you crave, yet are a super healthy dietary choice. Full of vitamins and minerals, they are especially high in lycopene (higher even than fresh), reputed to slow skin ageing and get your hair shining. Plus, no matter what your climate is like, even if the vegetables of springtime are not yet in your market, European canned tomatoes are always in season, and deliciously so.

On top of this, The Greatest Tomatoes from Europe are very low in calories and so satisfying, they can indeed help you to maintain a healthy diet!

Who knows, perhaps European canned tomatoes are the fountain of youth? At the least they are scrumptious, with health-giving ingredients to help you keep vibrant no matter how young (or old) you are.

And you know where to find these terrific tomatoes: of course you do!

[www.greatesttomatoesfromeurope.com](http://www.greatesttomatoesfromeurope.com)

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