

GREATEST TOMATOES FROM EUROPE. THE ART OF PERFECTION, PRESERVED FOR ALL TASTES.

PRESS RELEASE

RECIPES FOR STAYING HEALTHY IN THE NEW YEAR FROM THE GREATEST TOMATOES FROM EUROPE

Los Angeles - December 29, 2021. Happy holidays are made with friends, family and food, so what better way to celebrate than with festive recipes everyone can enjoy? Not only will these tomato-based recipes be delicious, but they offer a wealth of health benefits. Tomatoes are naturally low in sugars and fats, but rich in vitamin A, vitamin C, potassium, minerals, fiber and antioxidants like lycopene, making them a concentrated burst of beneficial substances. Everyone wants to keep their immune system at its peak during this time, and tomatoes offer a whopping 20% of Vitamin C, one of the healthiest components due to its anti-infective properties.

Get a head start on the new year by adding tomatoes and recipes from The Greatest Tomatoes from Europe to your menu! <https://greatesttomatoesfromeurope.com/recipes>

Here's a few to get you started:

- **Salt Cod with Olives and Capers** - Italian Christmas Eve is celebrated with lots of seafood. Why not try this traditional tasty dish? <https://greatesttomatoesfromeurope.com/recipes/salt-cod-with-olives-and-capers/>



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[GREATESTTOMATOESFROMEUROPE.COM](https://greatesttomatoesfromeurope.com)

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- **Mini Apple Pies with Brandy and Cherry Tomato Jam** - Don't like mincemeat? Try these mini apple pies instead, and enjoy rave reviews from this show-stopping dessert! <https://greatesttomatoesfromeurope.com/recipes/mini-apple-pies-with-brandy-and-cherry-tomato-jam/>



- **Bloody Mary** - Perfect for New Year's morning, this Italian twist on a Bloody Mary will start the year off with a kick. <https://greatesttomatoesfromeurope.com/recipes/bloody-massimo/>

Greatest Tomatoes from Europe is not a specific brand, rather, it is a campaign by ANICAV - The Italian Association of Canned Tomatoes Producers, co-financed by the European Commission - promoting European preserved (canned) tomatoes. www.greatesttomatoesfromeurope.com

@greatesttomatoesfromeurope #greatesttomatoesfromeurope
Enjoy - It's From Europe!

Press Contacts

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